



## **Just Kicks Website**

The Just Kicks Website is up and running

**Justkickstaekwondo.com.au**

Check it out for all upcoming events, gradings and all the information you need to know about our club.

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## **Christmas Dinner**

Date: 22-11-08.

Salisbury North Football Club.

First In First served only 100 Tickets Available.

Adults \$25 (12 years and over)

Kids \$15

6.30-12pm

Anyone who has donations for raffle prize baskets, please hand them to Teresa

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## **Grading**

Grading will be held on Saturday 20<sup>th</sup> September 2008

Surrey Downs Community Centre

6 Zanoni Crescents

Surrey Downs

White & Yellow Belts 9.30am Sharp

Blue Belts upwards 10.30am Sharp

Full Dobok required, **DO NOT** be late

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## **Personal Hygiene**

Please read your Code of Conduct regarding Personal Hygiene, You can find it on the website  
**Justkickstaekwondo.com.au**

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## **JUST KICKS OPEN**

Date: Saturday 11<sup>th</sup> October 2008  
Venue: Mars Sporting Complex  
Marden

Events will be Sparring, Poomsae and Jump Kick.  
Details will be out later on the website...

We will need volunteers for this day if anyone is able to help out?

Set up/pack up, scoring, check in desk etc...

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## **SATURDAY MORNING TRAINING**

Surrey Downs

Community Centre

6 Zanoni Crescent  
Surrey Downs

9.30 - 10.30am Poomsae

10.30 – 11.30am Sparring

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## **JUST KICKS MERCHANDISE**

Anyone wishing to purchase any **Just Kicks** merchandise please see Michelle Fernandez at the front counter.

We have a range of Doboks (uniforms), t-shirts, polo shirts, jumpers, jackets etc...

Also all protective gear can be ordered.

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## **KITCHEN AREAS**

**Anyone** using the kitchen areas in any of our training centres **must** clean up after themselves ie: any cups, glasses, cutlery used **must** be washed, dried and put away. Failure to do this will result in us not being able to use these facilities any more.

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## **Salisbury Christmas Parade**

The Salisbury Christmas Parade will be held on 15<sup>th</sup> November 2008

So keep this date free, details T.B.A

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## **Last Training Sessions for 2008**

The last training sessions for the year are as follows

Salisbury East – 17/12/08

Surrey Downs – 18/12/08

Smithfield – 23/12/08

