



JUST KICKS TAEKWONDO

NEWSLETTER

October 2008

Just Kicks Website

The Just Kicks Website is up and running

Justkickstaekwondo.com.au

Check it out for all upcoming events, gradings and all the information you need to know about our club.

If you have any Taekwondo photos forward to justkicks@optusnet.com.au and we will put them on the website

Christmas Dinner

Date: 22-11-08. 6.30-12pm

Salisbury North Football Club.
First In First served only 100 Tickets Available.
Adults \$25 (13 years and over)
Kids \$15
U/5 \$7

Anyone who has donations for raffle prize baskets, please hand them to Teresa
Tickets are now available see Wendy at the front counter

Demo's

School holiday Demo will be held on 8th October at
Civic Park
Tea tree gully (opposite Tee Tree Plaza)
Times to be announced in class, or see front counter

Personal Hygiene

Please read your Code of Conduct regarding Personal Hygiene, You can find it on the website
Justkickstaekwondo.com.au

Just Kicks Open

Date: Saturday 11th October 2008
Venue: Mars Sporting Complex
Marden

Events will be Sparring, Poomsae and Jump Kick.
Details will be out later on the website...

We will need volunteers for this day if anyone is able to help out?

Set up/pack up, scoring, check in desk etc...

SATURDAY MORNING TRAINING

Surrey Downs

Community Centre

6 Zanoni Crescent
Surrey Downs

9.30 - 10.30am Poomsae

10.30 – 11.30am Sparring

JUST KICKS MERCHANDISE

Anyone wishing to purchase any **Just Kicks** merchandise please see Michelle Fernandez at the front counter.

We have a range of Doboks (uniforms), t-shirts, polo shirts, jumpers, jackets etc...

Also all protective gear can be ordered.

You can also order Merchandise from our website.

We have some new merchandise available::

Bottle opener Key rings - \$8

Just Kicks Lanyards - \$5

Rulers 30cm - \$5

Pens - \$3 each or 2 for \$5

Congratulations to Aaron Bradbury & Maddie Granozio for qualifying for the US Open in 2009

Salisbury Christmas Parade

The Salisbury Christmas Parade will be held on 15th November 2008

So keep this date free, details T.B.A

Last Training Sessions for 2008

The last training sessions for the year are as follows

Salisbury East – 17/12/08

Surrey Downs – 18/12/08

Smithfield – 23/12/08

KITCHEN AREAS

Anyone using the kitchen areas in any of our training centres **must** clean up after themselves
i.e.: any cups, glasses, cutlery used **must** be washed, dried and put away.

Failure to do this will result in us not being able to use these facilities any more

