



JUST KICKS TAEKWONDO

NEWSLETTER

December 2008

Just Kicks Code of Conduct

All parents and students are to read the **Just Kicks code of conduct.
If you have not received a copy please ask at the front counter.
Anyone attending **Just Kicks** must abide by these rules.**

Just Kicks New Training Centre

As of **December 1st 2008** we will be moving to our new Training Centre at:

**Unit 3 / 21 Beafield Road,
Para Hills West.**

There will no longer be any training at Salisbury East as of that date.
The Surrey Downs Branch will continue on Thursday nights as normal and the Smithfield Branch
will continue on Tuesday nights as normal.

****Saturday training is now being held at the new centre, starting at 9.30am****

Check the new timetable at the front counter and there will also be a new fee structure as of
1st December 2008 when we move to the new Centre.

Dates for Last training sessions 2008 and first training sessions 2009

Last training 2008

Smithfield – 16/12/08
Surrey Downs – 18/12/08
Para Hills – 18/12/08
Grading at Para Hills – 20/12/08 (see details below)

First training 2009

Para Hills – 12/01/09
Smithfield – 13/01/09
Surrey Downs – 15/01/09

Just Kicks Website

The Just Kicks Website is up and running

Justkickstaekwondo.com.au

Check it out for all upcoming events, gradings and all the information you need to know about our club.

If you have any Taekwondo photos forward them to justkicks@optusnet.com.au and we will put them on the website

Grading

December 20th 2008

White and Yellow 9.30am sharp
Blue / Red & Black belts 10.45am sharp

Do not be late.

Full Doboks (uniform) No T-shirts
Grading books essential

Just Kicks Merchandise

Anyone wishing to purchase any **Just Kicks** merchandise please see the front counter.

We have a range of Doboks (uniforms), t-shirts, polo shirts, jumpers, jackets etc...

Also all protective gear can be ordered.

You can also order Merchandise from our website.

Just follow the links

Any outstanding money owed for merchandise purchased throughout the year, that hasn't yet been paid for must be settled by 20/12/08.

See Michelle at the front counter.

Personal Hygiene

Please read your Code of Conduct regarding Personal Hygiene, You can find it on the website **Justkickstaekwondo.com.au**

KITCHEN AREAS

Anyone using the kitchen areas in any of our training centres **must** clean up after themselves i.e.: any cups, glasses, cutlery used **must** be washed, dried and put away.

Failure to do this will result in us not being able to use these facilities any more

