



JUST KICKS TAEKWONDO

NEWSLETTER

August 2008

KITCHEN AREAS

Anyone using the kitchen areas in any of our training centres **must** clean up after themselves ie: any cups, glasses, cutlery used **must** be washed, dried and put away.
Failure to do this will result in us not being able to use these facilities any more.

Christmas Dinner

Date: 22-11-08.
Salisbury North Football Club.
First In First served only 100 Tickets Available.
Adults \$25 (12 years and over)
Kids \$15
6.30-12pm

STATE SELECTIONS

The results of the state selections

GOLD

Paul- Poomsae
Olivia- Poomsae
Ryan- Poomsae
Shane- Poomsae
Liz- Poomsae
Aiden- Poomsae
Lejla- Poomsae
Jaydon- Poomsae
Thomas- Poomsae
Jessica- Poomsae
Desi- Poomsae
Meghen- Poomsae
Manuel- Poomsae
Shannon-Sparring (open)
Melissa-Sparring
Tyson-Sparring
Nick-Sparring
Aiden-Sparring
Desi-Sparring
Jamie-Sparring
Manuel-Sparring
Lachi-Sparring
Lejla-Sparring
Tianna-Sparring
Kynan-Sparring

SILVER

Jamie- Poomsae
Annalise- Poomsae
Kristina- Poomsae
Rebekah-Sparring
Liz-Sparring
Daniel-Sparring
Shannon-Sparring
Jaydon-Sparring
Kristina-Sparring
Thomas-Sparring

BRONZE

Jessica-Sparring
Meghen-Sparring

Congratulations to all competitors and coaches on these fantastic results.

Results for Korea

GOLD

SILVER

Olivia-Poomsae
Maddie-Sparring

BRONZE

Aaron-Sparring
Maddie-Sparring

JUST KICKS OPEN

Date: Saturday 11th October 2008

Venue: Mars Sporting Complex
Marden

Events will be Sparring, Poomsae and Jump Kick.
Details will be out later on the website...

We will need volunteers for this day if anyone is able to help out?

Set up/pack up, scoring, check in desk etc...

NATIONALS

Nationals this year will be held in Sydney,
Home Bush Stadium
4th – 6th September 2008

SCHOOL HOLIDAY DEMO'S

Thankyou to everyone who attended
Much appreciated
Hope everyone enjoyed themselves
Welcome to all our new members who have signed up from these Demo's

SATURDAY MORNING TRAINING

Surrey Downs

Community Centre

6 Zanoni Crescent
Surrey Downs

9.30 - 10.30am Poomsae

10.30 – 11.30am Sparring

JUST KICKS MERCHANDISE

Anyone wishing to purchase any **Just Kicks** merchandise please see Michelle Fernandez at the front counter.

We have a range of Doboks (uniforms), t-shirts, polo shirts, jumpers, jackets etc...

Also all protective gear can be ordered.

Thank you

A big thank you to BCFR Finance for their donation to the club

